



Katie Barreras, LISW Farrah Bonde, LISW

# **Child Intake Assessment**

Information provided by:					
Relation to child:					
Inf	ormation for c	hild seeking treatment			
Child's First Name: Last Name:					
Date of Birth:	Age:	Gender Identity:	Today	's Date:	
	Legal Guard	ianship			
[ ] Biological Parents					
[ ] State County:					
[ ] Other:					
[ ] Did Termination of Parental	Rights (TPR) occu	r? Date of TPR:			
[ ] Is there a plan for reunificati	on with parent(s)?				
	Parent(s)/ Gua	ardian information			
Parent/Guardian's First Name: Last Name:					
Relation to Child:					
Date of Birth:	Age:	Gender Identity:			
Home Address:					
Cell Phone:	Home Pho	one:		ay we iden	ntify
				ırselves?   Yes [ ]	l No
Work Phone: Email Address: May we identify					
	ourselves? [ ] Yes [ ] No				No
Highest level of education: Current employer:					
Parent/Guardian's First Name:		Last Name:			
Relation to Child:					
Date of Birth:	Age:	Gender Identity:			
Home Address:					

Cell Phone:	Home Phone:			May we	May we identify	
				ourselve	es?	
					[ ] No	
Work Phone:	Email Ac	ddress:		May we	May we identify	
				ourselve	es?	
					[ ] No	
<b>Highest level of education:</b>		Current empl	oyer:			
*INFORMATION SHO						
Coralville Family Counseling respects your						
and level of comfort when answering the fo			ovided a self-ide	ntify (Self-ID)	option in each	
relevant category to allow for the child's un			Cornel I	dontitus		
Race/Ethnicity (check all):  ☐ African American/Black	Relationship	Status:	Sexual I			
☐ African American/Black ☐ Asian/Pacific Islander	☐ Single		☐ Lesola	ш		
	☐ Dating	not mounied	☐ Gay			
Caucasian	☐ Partnered,	not married				
☐ Hispanic/Latino(a)	☐ Married		□ Bisexu			
☐ Native American	☐ Divorced/		☐ Questi			
☐ Self-ID:	☐ Widowed			D:		
	☐ Self-ID: _					
Cultural preferences:	Language p	reference:	Religious	Affiliation/Sp	iritual Identity:	
Child's School:	Grade:	Address:				
Child 3 School.	Grade.	riddi ess.				
Circle any that apply: Special Educat	ion F	Resource	AEA	IEP	504 Plan	
Child's Primary Care Physician:			Clinic:			
J = ==================================						
			674.4			
Child's Current Psychiatrist's Name:			Clinic:			
	. 11 1/1	1 0				
Is the child being seen by another beha	vioral health	clinician?	Clinic:			
Behavioral/Mental H	ealth Trea	tment Histo	rv- Do Not	Leave Bla	nk	
Agency/Professional's Name:			Date of Tre			
rigency/1101essional 51(ame.			cutilities			
Outcome/Response to Treatment						
Outcome/Response to Treatment:						
Outcome/Response to Treatment:						
Outcome/Response to Treatment:						
Outcome/Response to Treatment:  Interventions used:						
-						
-						

Client Name		
Agency/Professional's Name:		Date of Treatment:
Outcome/Response to Treatment:		
Interventions used:		
List of Mental Health Diagnoses for Cl	hild:	
C	hild's Medical Histor	ry
Medication and prescriber:	Dose (per day):	·
Medication and prescriber:	Dose (per day):	Date prescription initially started:
Other medication(s) taken:		
Is the medication regime followed? [ ] Is the medication working? [ ] YES Any problematic side effects?		
List all allergies, adverse reactions/sens	sitivities to food, drugs, a	and other substances:
List previous dates and providers of m	edical treatment:	

List child's current medical interventions and responses:

List all relevant family medical history concerns/issues:

List all previous medical conditions and current medical concerns:

# **Developmental History- Do Not Leave Blank**

<u>Prenatal Events (Prior to birth):</u> <u>Perinatal Events (within one month of birth):</u>

<u>Past Concerns with Social Interaction:</u> <u>Educational Strengths and Areas of Concern:</u>

Past concerns with Learning, Intellectual, or Academic Performance:

	<b>1</b> 7	NI.	Uncertain	F14:
TT*4	Yes	No	Uncertain	Explanation:
History:				
Has this child ever been in				
trouble legally, or are there legal				
issues impacting the child or				
family now?				
Any family history of chemical dependency?				
Any family history of mental illness?				
Has this child ever had problems				
due to gaming or gambling?				
Has this child ever been				
physically abused?				
Has this child ever been sexually abused?				
Has this child ever been				
emotionally abused?				
Has this child ever abused				
someone else?				
Has this child ever experienced a traumatic event?				
traumatic event:				
Has this child been diagnosed with a disability?				
with a disability:				
Has this child had a change in				
sleeping patterns or energy				
levels?				
Has this child ever been				Date(s) and reason:
hospitalized for psychiatric issues?				
Has this child ever been				Date(s), substance type, and outcome:
hospitalized for substance use reasons?				(),

Client Name	

Yes	No	Unce	rtain		
				Date(s	s), method, and severity/lethality:
				Date(s	s), method, and severity/lethality:
Yes		No	Am	ount	Has this child in the past?
ace of res	sidence?	,	1	1	
scribe ch	ild's rea	diness	to redu	ice or o	quit tobacco:
Abuse	Treat	ment	Histo	ry (if	applicable):
				•	
able:					
	Yes ace of researches characteristics and the second secon	Yes  ace of residence?  scribe child's reaterticipated in:	Yes No  Yes No  ace of residence?  Scribe child's readiness  Abuse Treatment articipated in:	Yes No Am  ace of residence?  scribe child's readiness to reduce the child's reduce the child's readiness to reduce the child's reduce the c	Yes No Amount  Yes No Amount  ace of residence?  Scribe child's readiness to reduce or of the company of the co

Sexual Behavior History (Adolescents, ages 12-17)				
Do you believe this child is sexually active?				
Are this child's sex partners male, female, or both?				
Do you believe your child or your child's partner(s) us	e protection against STDs?			
Do you believe your child uses any contraception or pr	actices any form of birth control?			
	n History			
History of placements prior to adoption:				
A see College and the second s				
Age of placement in adoptive home:				
What has the child been told regarding adoption?				
Other people residin	g in the child's home?			
Name:	Name:			
Gender identity:	Gender identity:			
Age:	Age:			
Relation:	Relation:			
Name:	Name:			
Gender identity:	Gender identity:			
Age:	Age:			
Relation:	Relation:			
Describe each parent's/ guardian's relationship w	ith the child:			
What event(s) prompted you to seek treatment at	this time?			
List additional family stressors or concerns at this	s time (Mental, physical, emotional health of other			
family members, employment, housing, financial,	recent losses, etc.):			

Client Name
What changes would you like to see in the child seeking treatment?
What changes would you like to see in your family?
Please list child's strengths, skills, and abilities.
What is the child's current motivation level?
Please check all concerns that apply to the child:
[ ] Noncompliance with treatment       [ ] Immediate risk of harm to animals         [ ] Number of multiple behavioral diagnosis       [ ] Immediate risk of harm to small children         [ ] Prior behavioral health inpatient admissions       [ ] Suicidal/ Homicidal thoughts         [ ] Immediate risk of harm to self       [ ] Substance abuse         [ ] Immediate risk of harm to someone else       [ ] Running away/elopement potential         [ ] Other, Please explain:
Emergency Contact- Do Not Leave Blank
Name:
Cell/Home Phone: Work Phone:
Home address:
Resources and Referrals
List current resources (e.g. family, friends, non-profit organizations, support groups, social services, school based support, government assistance, etc.):
Referrals needed (e.g. housing, food, psychiatry, support groups, academic, relapse prevention, stress management, wellness programs, lifestyle changes, etc.):
Provide Insurance Information or Insurance Card(s) to Our Staff
Primary insurance: Insurance Phone #:
Policy Holder Name: Policy Holder's Employer:
Policy Holder DOB:

Insurance ID#:	Group#:		
Secondary Insurance:			
Policy Holder Name:			
Policy Holder DOB: Policy	Holder's Emplo	oyer:	
Insurance ID#	Group #		
In consideration of the health care services provided to authorize my insurance company, or other third party Family Counseling.		payments direc	assign and etly to Coralville
Specific authorization for I specifically authorize Coralville Family Counseling to succonsultations, prescriptions, and medical history to my instauthorized agents or representatives for the purpose of det this specific consent to release information at any time by 2431 Coral Court, Suite #4 Coralville, Iowa 52241. I under mental health related information unless I specifically den	ubmit medical info urance company, ermining benefits sending a written erstand that the info	ormation regard or other third-p and facilitating notice to Coral	arty payor or its g payment. I may revoke ville Family Counseling,
Print Client's Full Name:		DOB:	
Signature of Parent/Guardian/Legal Representative	ve:	Today's Dat	re:
Acknowledgment of No I acknowledge that I am aware the Provider's Notice of Privacy I for me to review. The Notice of Privacy Practices describes how states my rights with respect to my medical information.  I understand that Coralville Family Counseling has the right to r I understand that in the event that the notice is revised, the reviany time, upon request, I may obtain a copy of the Privacy Pract	Practices is available widentifiable health evise these polices sed notice will be a	e in the lobby at C h information ma and to amend the	y be used and disclosed and  Notice of Privacy Practices.
If for a child, your signature indicates that you have legal guard	lianship to sign for	this minor.	
Print Client's Name:			Date of Birth:
Signature of Client/Guardian/Legal Representative:			Today's Date:

Client Name		
Staff Member/Witness:	Today's Date:	



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# Separated, Divorced or Never Married Parents

Beginning the therapeutic process for your child is a significant change for you and your family. We want to ensure that the helping relationship proceeds with ease for you and your family. In our experience, there are frequently unique circumstances that arise when parents do not live together. We offer this information to clarify our policies and procedures regarding alternative family arrangements.

#### **Permission for Treatment:**

Parents with joint legal custody have equal rights concerning therapeutic treatment, unless otherwise noted in a legal decree. It is critical that both parents agree that mental health treatment is necessary for their child and agree on a provider.

#### Confidentiality:

Your child is considered the "patient" in the helping relationship and has confidentiality with his or her therapist. Therefore, matters discussed during individual sessions will, for the most part, remain confidential between the therapist and child. We appreciate that it is very important to include parents in the treatment process and they are typically consulted during appointments to discuss treatment progress, interventions, and concerns regarding the child.

Regardless of whether or not parents reside together, it is important for all of us to work together in assisting your child. When concerns arise about a particular household they are typically not shared with the other parent. However, if one parent indicates that he or she is not satisfied with the therapist or services provided to the child, the other parent will be informed.

It is very common for children to have multiple family members involved in their lives. In the circumstance that step-parents, partners, grandparents or other supportive individuals bring your child in for treatment, you will be asked to sign a release of information permitting the therapist to speak with such individuals regarding your child.

#### **Custody and Visitation:**

The therapist cannot make any recommendations regarding custody or visitation. If concerns arise in these areas, the therapist may refer you to a mediator or another therapist who can perform a custody evaluation. The therapist will not provide records to attorneys or testify in court for custody/visitation disputes.

#### Medical Records:

Confidentiality is the cornerstone of every child's treatment relationship and a key part of confidentiality is guaranteeing the privacy of the child's records. It is assumed that each parent appreciates their child's need for a confidential relationship and will therefore not ask for copies of treatment notes. The therapist will be pleased to speak with parents about treatment and concerns or to provide a written summary of treatment upon request.

#### Payment:

The parent bringing the child in for therapeutic services will be responsible for payments at the time of each visit.

## **Court Fees:**

I understand that Coralville Family Counseling doesn't testify in court, and if the therapist does testify it may be harmful to my child. In the event that the therapist receives a subpoena to testify in a court matter, the party issuing the subpoena will be responsible for a minimal appearance fee of \$300.00 plus the cost of mileage.

I am the parent with the authority to consent for treatment, and I have reviewed and agree to abide by the above guidelines.

Client's Name: \_\_\_\_\_\_\_ Date of Birth: \_\_\_\_\_\_\_

Parent Signature: \_\_\_\_\_\_ Date: \_\_\_\_\_\_\_

Date: \_\_\_\_\_\_



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## **Consent for Treatment**

Before you start counseling there are some things that you should know. Legally this information is called "Informed Consent." Informed Consent will help you understand better what to expect and will explain some limitations about what we will be doing.

#### Confidentiality

Of course, all of our work together—our conversations, your records, and any information that you give us—is protected by something called privilege. Our office respects your privacy, and we intend to honor your privilege. However, there are some limits to your legal privilege, some expectations you should understand before we start. If we believe there is a risk that you might harm yourself or someone else, we may be required to contact the authorities or the other person to give them the opportunity to protect you or the other person. If you are abusing children or elderly people, we are required by law to notify the authorities, so they can protect others from harm. Also, if you become involved in any lawsuit in which your mental health is an issue—for example, a child custody dispute or an injury lawsuit in which you claim compensation for emotional pain and suffering—then the court or the lawyers may insist upon, and may obtain your information from us. Similarly, you would lose the protection of your privilege if you file a complaint against our office with the state licensing board.

The financial part of our relationship also imposes some confidentiality limits. If you are using insurance or another third party payer, our office must share certain information with them, including (but not necessarily limited to) your diagnosis and the times of your visits. If there is a managed care company, they may require us to provide additional information, such as your symptoms and your progress. You should also understand that insurance and managed care information is often stored in national computer databases. If we find ourselves in a dispute with you over billing, our office may only provide the information necessary to clarify and to collect any outstanding balance. Coralville Family Counseling will use good faith efforts to protect the patient's right to confidentiality in providing health information to payors.

#### Risks

You or your child may be suffering from a condition(s), which requires Mental Health services, diagnosis, and or treatment; you voluntarily consent to and authorize services, including psycho education, EMDR therapy, play therapy, cognitive behavioral therapy, narrative therapy, guided imagery, and services that the therapist may deem necessary. You acknowledge that as the patient or as the participant/guardian of a child in services you are aware that there are risks to participating in mental health treatment. You acknowledge that no guarantees have been made to you or anyone else on your behalf, as to the results of such services and procedures. You acknowledge that you have received information regarding the service(s) descriptions and have had all of your questions regarding the service answered to your satisfaction.

You should know that counseling is not always easy. You may find yourself having to discuss very personal information. You could find those conversations difficult and embarrassing, and you might be very anxious during and after such conversations. As you learn more about yourself, you might encounter increased conflict with friends, co-workers, and family members. It is possible that you might become somewhat depressed. Counseling is intended to alleviate problems and improve level of functioning, but sometimes, especially at first, and as you get to the root of some things, you may feel them even more acutely than in the past. We may also ask you to do some things that might, at first, make you feel awkward or uncomfortable. Sometimes counseling requires trying new ways of doing things. You will always be free to move at your own pace. We will challenge you and your old ways of thinking and doing things, but we cannot offer any promise about the results you will experience. Your outcome will depend upon many things.

You acknowledge that during treatment, you/your child may have new insights and or new disturbing information may come to the patient's attention in the form of images, thoughts, affect, or sensations. You understand that it is your responsibility to share these reactions with the therapist and your physician.

If we believe that your problems require knowledge that we do not have, we may refer you for a consultation or treatment with someone with specific training or experience. We will discuss any such referral with you before we act. At the very beginning we will create a treatment plan with you. That is, we will look at what you would like to change, what we will do to change it, how we will know you are succeeding, and how long it will take. Every now and again, we will review that plan to see if it needs to be updated.

By signing we are stating that we understand and agree to the process and to the above mentioned information.

Print Client's Name:	Date of Birth:
Signature of Client / Guardian/ Representative:	Today's Date:
Staff Member/ Witness:	Date:



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# Client's Responsibilities & Rights

Client's Responsibilities: Regarding your care during mental health treatment, you are responsible for:

- Providing accurate and comprehensive information about all matters pertaining to your health, including medications and past or present medical problems.
- Reporting changes in your condition or symptoms to your therapist and primary care physician.
- Following the instructions and advice of your health care team.
- Identifying and discussing any safety concerns that may affect your care.
- Informing your therapist or physician if you do not understand information about your care or treatment.
- Informing your mental health therapist if you are not satisfied with any aspect of your care.
- Participating in the planning of your care, including discharge planning.
- Keeping your scheduled appointments or cancelling appointments with 24-hours advanced notice; patient may be discharged after two missed appointments without 24-hour advanced notice.
- By providing your e-mail address to our staff you assume risks regarding confidentiality that may arise by using electronic correspondence. You must provide written notice to Coralville Family Counseling if you do NOT want e-mail correspondence at your work or home e-mail accounts (when the e-mail address is given to staff or staff receives e-mails from you).
- Providing supervision or childcare arrangements to appropriately supervise any child that needs to wait in the lobby while the parent/legal guardian/legal representative is participating in services in another room.
- Paying all charges, copayments, deductibles and co-insurance not covered by insurance or third party payor or as a result of lack of insurance coverage.
- Paying for all non-covered services as a result of failure to obtain pre-authorization for treatment as required by your insurance.
- Paying for Therapist's attorney fees in the event you wish to resist a subpoena for your records.

# Client's Rights:

- As a client, you have the right to receive information from your mental health therapist about that therapist's education, training, experience, and credentials. As a client, you have the right to be informed about the options available for treatment interventions and the effectiveness of the recommended treatment.
- As a client, you have the right and responsibility to fully participate in all decisions related to your health care. Clients who are unable to fully participate in treatment decisions have the right to be represented by parents, guardians, legal representatives, or family members. You have the right to change your mental health therapist at any time. You have the right to a second opinion if you should choose to do so.
- As a client, you have the right to request and receive information about the methods you may use to submit complaints or grievances regarding provision of care by your mental health therapist. Clients using services, and their guardians, have the right to appeal the application of policies and procedures, or any staff action that affects the individuals utilizing the services. If you wish to appeal or file a grievance, you may file a written grievance or appeal to your direct mental health therapist. The Coralville Family Counseling staff has 30 days to provide a response to the appeal or grievance. Clients who express a concern or complaint, or file a grievance, will not have their future access to care compromised in any way. To share a concern or complaint, please contact any staff member or your direct mental health therapist who can speak with you about your concern.
- Recommendations regarding mental health treatment shall be made only by a licensed mental health therapist in conjunction with you and your family as appropriate. As a client, you have the right to make final decisions regarding your treatment. If a client misses a session and/or doesn't return for 30 days, we will assume your therapy has been terminated.
- Our telephone is answered twenty-four hours a day by a mechanical answering system. Through the day, we check messages regularly, and
  whenever possible we try to return phone calls the same day. If we have not returned your call within twenty-four hours, please try again as your
  message may have been lost. If you have an emergency and are unable to reach us, call 911, or go to an emergency room.
- Quality mental health services should be provided to you without regard to race, color, religion, national origin, gender, age, sexual orientation, or disability. You have the right to considerate, respectful care from all staff members of Coralville Family Counseling at all times and under all circumstances. An environment of mutual respect is essential to maintain a quality treatment relationship.

## **Advanced Directives**

- During the client's initial intake appointment, all clients/guardians/legal representatives of clients have been given the opportunity to discuss their desire for information regarding an Advanced Directive. All client's that wish to be given more information about advanced directives will be given information on how to develop or obtain an Advanced Directive.
- It is necessary for you to sign that you have read and received this notice of Responsibilities and Rights and return this form to us.

  By signing this, I acknowledge receipt and understanding of the above stated information regarding my responsibilities and rights. If I need clarification on any item, I will contact Coralville Family Counseling at (319) 338-1052 for clarification, before signing.

Print Client's Name:	Date of Birth:		
Signature of Client / Guardian/ Representative:	Today's Date:		
Staff Member/ Witness:	Date:		



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# CONSENT FOR TELEHEALTH & DIGITAL COMMUNICATION

I understand that my therapist has agreed to engage in telehealth sessions with me.

I acknowledge that the video conferencing technology that will be used to conduct therapy will not be the same as direct client/provider visits as I will not be in the same room as my therapist.

I understand that a telehealth session has potential benefits including easier access to care and the convenience of meeting from a location of my choosing.

I understand there are potential risks to this technology, including but not limited to interruptions, unauthorized access, limits to confidentiality, and technical difficulties. I understand that my provider or I can discontinue the telehealth session if it is felt that the video connections are not adequate for the situation.

I understand telehealth is NOT an Emergency Service. In the event of an emergency, I will use a phone to call 911.

I agree to be in a quiet, private space that is free from distractions during the session.

I know I should use a secure internet connection rather than public or free Wi-Fi.

It is important to be on time. If I need to cancel, I will give at least 24 hours' notice to cancel or reschedule my appointment.

I understand that I should confirm with my insurance company that the video sessions will be reimbursed, if they are not reimbursed, I am responsible for the full payment.

I acknowledge, my therapist or myself may deem telehealth services as not appropriate and these services may be terminated and face to face sessions may be recommended instead.

I will not share my telehealth appointment link with anyone unauthorized to attend the appointment or record the session without the permission from the provider.

By signing this form, I certify:

That I agree to the above-mei	tioned polic	ies and i	procedur	es.
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That I fully understand its contents including the risks and benefits of these services.

That I have been given ample opportunity to ask questions and that any questions have been answered to my satisfaction.

Client Name:	Date:	· · · · · · · · · · · · · · · · · · ·
Signature of Client/Client's Legal Representative:		



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#### AUTHORIZATION FOR USE OR DISCLOSURE OF PROTECTED HEALTH INFORMATION

Name of patient	Patient Date of Birth		
I.	, hereby give permiss	ion to Coralville Fam	ily Counseling to:
Name of patient/legal representative	, nares, give permiss		
Disclose information to: AND/ORObtai	in information from:		
(Name of agency, attorney, school counselor, th	erapist, etc.)		
Street	City	State	Zip Code
Phone			
I do/I do not authorize the release	se of my/my child's protecte	d mental health infor	mation.
I authorize release of my and/or the patient's:	ENTIRE RECORD; OI	ι .	
Only the following information: (Patient r			
Substance Abuse Information	Diagnosis /		
Treatment Recommendations	Treatment F		
Attendance Records Only		port of Treatment	
Psychological Testing or Evaluations	Educational	Reports/Testing	
Other (specify):	_		
I understand that the time frame within which the otherwise specified here:	nis release of information is a	applicable is one year	from the date signed unless
In consideration of this consent, I hereby release	the source of the records from	om any and all liabilit	y arising there-from.
I understand that no services will be denied to m information, and that I am not in any way obliga- necessary to assist in the development of the be- may be used in connection with my and/or the p disclosed.	ated to release these records.  st possible treatment plan for	I do release them become me and/or the patien	ause I believe that they are t. The information disclosed
I have been informed of the risks to privacy and transfer, and I accept these.	limitations on confidentialit	y of the use from elec	etronic means of information
I affirm that everything in this form that was no a copy of this form upon request.	t clear to me has been explai	ned. I also understand	that I have the right to receive
I understand that I may revoke this consent a I fully understand all of the above informatio	nt any time except to the ex on and my consent on this f	tent that action has orm is freely given.	been taken in reliance upon i
Signature of patient/parent or legal guardian		Date	
Witness		Date	<del></del>

NOTICE TO RECIPIENT OF INFORMATION

This information has been disclosed to you from mental health records; the confidentiality of which may be protected by federal and/or state law. If the records are so protected, Federal Regulation (42 CFR Part 2) prohibits you from making any further disclosure of this information unless disclosure is expressly permitted by the written consent of the person to whom it pertains, or as otherwise permitted by 42 CFR Part 2. A general authorization for the release of medical or other information is NOT sufficient for this purpose.





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# **Credit Card Policy and Authorization**

Our office policy is that a credit card is on file in our office as a backup for any unpaid charges. No charges will be made to your card if you pay in full during your appointment. Any charges incurred and not paid at the time of the appointment will result in a charge to your credit card. Additionally, if you "no show" to an appointment or fail to cancel two appointments with at least a twenty-four-hour notice, your card will be charged a fee of \$50 for each missed session. You have a right to see a summary of charges to your account and will be provided a copy of the receipt upon request.

Client Name:				Date of Birth:		
Card Number:Name as it appear	ars on ca	ard:		Security Code:		
State:		Zip Code:	Phone:			
I (printed name) Coralville Famil indicated on this	y Couns	seling to charg	e payments for se	authorize authorize rvices to the credit card		
This charge card other payment as			•	the client charges unless		
Signature of Car	dholder	Responsible I	Party I	Date		